

# Treatment and Recovery can not happen without your commitment and support.

## ECT Treatment and Recovery Can't Happen Without You

The support of others during the ECT process is crucial. It's important to understand that the patient has undergone a procedure that can take time to reach full recovery. During the recovery process, the patient may need extra assistance. Some patients experience confusion or disorientation.

## What is Required of You

During and up to two weeks following ECT, the patient should not be left alone until cleared by the physician. The patient should not drive or engage in any other activities that could be dangerous due to disorientation.

The person accompanying the patient during this recovery process will need to contact the physician or emergency services if they notice any deterioration in behavior or physical condition. Because the patient will not be allowed to drive for up to two weeks following the last treatment, they will need assistance getting to and from appointments and treatments.

## Your Commitment to the Patient

"We agree to provide supervision, accompaniment and support to the patient during and after their ECT treatment while under physician care. We understand that we are a crucial link in the patient care and recovery."

Signed \_\_\_\_\_

Signed \_\_\_\_\_

Signed \_\_\_\_\_

Signed \_\_\_\_\_



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